

Increase your *Faith*

A STUDY OF mustard seeds,
mountains and miracles.



“My call to you is to start today to *increase your faith*.

Through your faith Jesus Christ will increase your ability to move the mountains in your life. *Become an engaged learner.*

Immerse yourself in the scriptures to understand better Christ’s mission and ministry. *Know the doctrine* of Christ so that you understand its power for your life. *Internalize the truth* that the *atonement of Jesus Christ* applies to you.

He provided the power for you to *move every mountain* you will ever face. You obtain that power with your faith trust and willingness to follow Him. Moving your mountains may require miracles. *Learn about miracles.* Miracles come according to your faith in the Lord. The more you learn about the Savior the easier it will be for you to *trust in His mercy*, His infinite love, and His strengthening, healing, and redeeming power.

The Savior is never closer to you than when you are facing or climbing a mountain with faith.”

Dear friend,

When my Grandma Belle died, I filled a hat box with memories of her. Small trinkets. A love note from my Grandpa Mickey. A hand mirror. A silver spoon with Belle engraved at the end. There was a small white envelope with the words “mustard seeds” written in cursive across the front.

I have always wondered why she kept an envelope of mustard seeds.

I don't know why it seemed a treasure to me at the time. I'm still not quite sure what made me feel that it was important enough to save. But I brought it home as one of the small treasures to remember her by.

Even now, when I think of mustard seeds, I am reminded of her.

She was a woman who gave up wealth, family and a life of prestige to marry a Mormon High School coach back in 1930. Her parents weren't happy he was a Mormon, so the girl who grew up in a mansion on South Temple traded in everything for a man who coached at East High School during the school year and herded sheep in the summers. She took his last name and his God became hers.

She had mustard seed faith.

That girl who left everything behind served a mission to Fiji. She felt one of her greatest accomplishments in life was teaching the 8-year-olds in primary for almost two decades. Her name is on the list of women who donated \$5 to help build the Relief Society building in downtown Salt Lake.

When she died, President Monson spoke at her funeral, this girl with the mustard seed faith.

Not because she was anyone special, but because she used to offer him lemonade on the days when he mowed his lawn.

When President Russell M. Nelson gave us the invitation to study mustard seeds, mountains, and miracles, I was reminded of her, my Grandma Belle, and I thought to myself, I want to be a girl with mustard seed faith.

So, I'm pulling out an envelope, and I'm writing mustard seeds on the front, and I'm going to add one for every lesson we learn in the next six months.

Rio and I are so excited to begin another study with you.

This semester lends itself to a more simple study, we are going to focus on the invitation from President Russell M. Nelson: **INCREASE YOUR FAITH**. On the following page you'll find the details for what this study will look like.

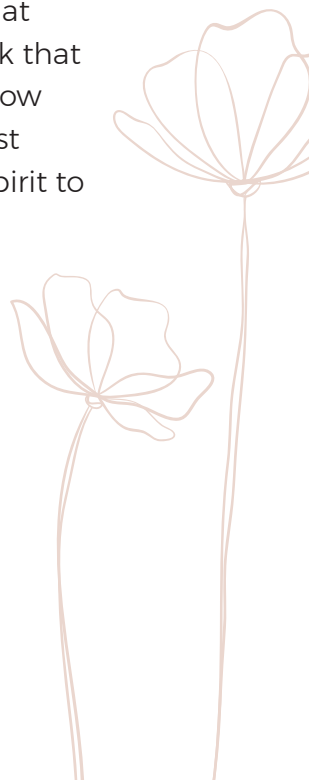
Words cannot express how excited we are to be starting another Inklings study with each of you! We know there is a power that comes when righteous women gather to ponder God's Word. It is a power that we can expect as we join together to study the invitations extended to us in the April 2021 General Conference.

As always, we want to remind you of our belief in keeping things manageable and creating a system of study that will not overwhelm you, but lift you. Our goal at Inklings is to offer a hint of something more. Just a few small hints each week that will eventually add up to something more. You decide how to enter in and how much time you have to invest in the study. If you miss a week, no worries! Just jump back in where we are. Our goal is to lift your heart and motivate your spirit to better living one day at a time. Let the Spirit guide you.

There are so many good things to come!

Much Love,

Emily + Rio



Sunday Mornings

All of the readings will be sent out on Instagram and on the APP. These readings will include both scripture and General Conference talks from the most recent conference.

Thursday Mornings

A live Institute class will be held on Instagram at 9:00AM MT. Following the class it will be saved and uploaded to the APP.

Study Curriculum

APRIL *Increase Your Faith*

MAY *Understand Christ's Mission And Ministry*

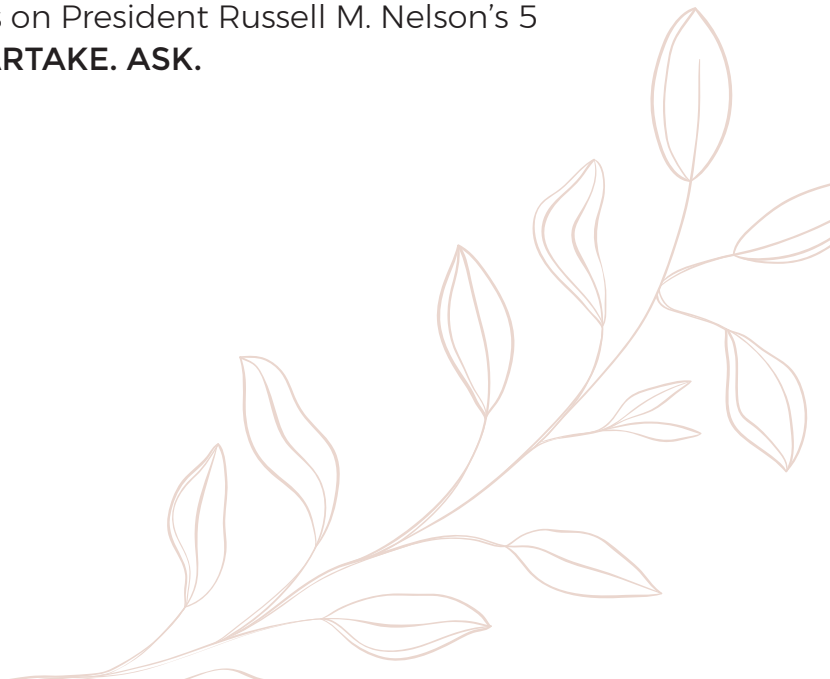
JUNE *Know The Doctrine Of Christ*

JULY *How The Atonement Of Christ Applies To You*

AUGUST *Learn About Miracles*

SEPTEMBER *Learn About The Savior's Mercy, Love & Power*

Each week there will be an emphasis on President Russell M. Nelson's 5 invitations: **STUDY. BELIEVE. ACT. PARTAKE. ASK.**



In all generations of time
there have been women with Esther
courage, Deborah prophecy, Abish
conviction.

Our time is no different.

All around us there are women who are
righteous, articulate, distinct and
different. Women of strength, conversion,
conviction, leadership, and wisdom.

You are one of those women.

God needs you. He needs your voice.
He knows you are a woman with
spiritual power to change the world.
Heroic. Able to carry on, despite difficult
circumstance.

The hope of Israel.

Here now, because He knew your
capacity for negotiating these latter days.

He sees you. Your desire to develop a
bedrock understanding of the doctrine
of Christ. How you are learning to access
the power of God.

How you call upon the powers of heaven
to protect and strengthen. He knows
your longing to become a converted
covenant-keeping woman.

He knows how the Spirit will magnify
your influence in an unprecedented way.

His prophet calls to each of us:

Rise to your full stature.
Fulfill the measure of your creation.
Prepare the world for the Second
Coming of the Lord.

Not overnight.

Every day better.

We are learning that leaning into the
inklings will help us discover the hint of
something more. Stalwart strength
gathered over time.

There is a place for you here.

When others are walking away,
we are a community who is choosing to
stay, to run the race set before us.
You will not run this last leg alone.

You belong here among the fulfillers of
prophecy. Esther, Deborah, Abish.

We are those women.

This is our time.

*Adapted from Russell M. Nelson's OCT20 address "A
New Normal" and OCT15 address "A Plea to My Sisters"*

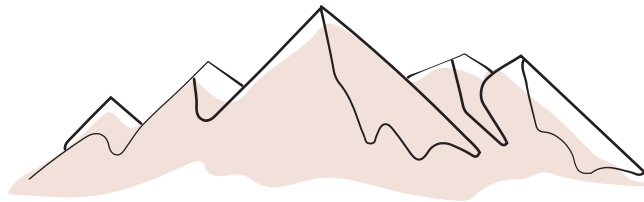
Faith in Jesus Christ is the greatest power available to us in this life. All things are possible to them that believe.

*Your growing faith in Him will move mountains—not the mountains of rock that beautify the earth but the mountains of misery in your lives. Your flourishing faith will help you turn challenges into unparalleled growth and opportunity. **With faith in Him, we can move the mountains in our lives.***

<i>Sunday</i>	<i>Conference Talk</i>	<i>Speaker</i>
APR 11	Faith in Him Will Move Mountains	Russell M. Nelson
APR 18	Pressing Toward the Mark	Edward Dube
APR 25	Remember Your Way Back Home Elder	José A. Teixeira
MAY 2	Jesus Christ: The Caregiver of Our Soul	Ulisses Soares
MAY 9	Teaching in the Savior's Way	Jan E. Newman
MAY 16	Infuriating Unfairness	Dale G Renlund
MAY 23	Poor Little Ones	Jorge T. Becerra
MAY 30	Essential Conversations	Joy D. Jones
JUNE 6	I Love to See the Temple	Henry B Eyring
JUNE 13	Ye Shall Be Free	Thierry K Mutombo
JUNE 20	Hearts Knit Together	Gary E. Stevenson
JUNE 27	God is Among Us	Dieter F. Uchtdorf
JULY 4	Hope in Christ	M. Russell Ballard
JULY 11	Why the Covenant Path	D. Todd Christofferson
JULY 18	Our Personal Savior	Michael John U. Teh
JULY 25	What Has Our Savior Done for Us?	Dallin H. Oaks
AUG 1	Behold! I am a God of Miracles	Ronald A. Rasband
AUG 8	This is Our Time	S. Giffor Nielsen
AUG 15	God Loves His Children	Taniela B. Wakolo
AUG 22	Light Cleaveth Unto Light	Timothy J. Dyches
AUG 29	Bless In His Name	Henry B. Eyring
SEP 5	Not as the World Giveth	Jeffrey R. Holland
SEP 12	The Principles of My Gospel	David A Bednar
SEP 19	Room in the Inn	Gerrit W. Gong

Journal *Pages*

STUDY. BELIEVE. ACT. PARTAKE. ASK.



What is my mountain I hope to overcome with increased faith?

This Week

/ /

CONFERENCE TALK

SCRIPTURE(S)

WORDS

Hebrew Meaning

PHRASES

Study What do I feel inspired to study this week?

Believe What do I need to believe this week to overcome my mountain?

AFFIRMATION

Act What will I do this week that requires more faith? Write about it. Think about it.

Partake What will I ponder as I partake of the sacrament this week? What do I need to stop or start doing?

Ask What will I ask God, in the name of Jesus Christ, to help me with? *Reference 3 Nephi 18: 19-20*
